

African Summer Spa

8 Safari Junction Hoedspruit 1380
015 793 1895 - 082 370 9845
info@africansummerspa.co.za

Monday–Friday 08:00-17:00 Saturday 08:00-13:00

Closed Sundays and Public Holiday
Look us up on Facebook & Instagram

Welcome

- ♥ Welcome to African Summer Spa, we are looking forward to treating you
- ♥ Booking in advance is recommended to avoid disappointment

Spa Courtesy

- ♥ In the spirit of mutual respect we kindly request punctuality
- ♥ Please arrive 15 minutes prior to your scheduled treatment
- ♥ We kindly request that mobile phones and all other electronic devices are switched off or on silent during your time with us, as a courtesy to all Spa Guests and for you to enjoy your treatment

Your Responsibility

- ♥ Your health is important to us, please inform your therapist about medication, allergies, if you have cancer or have had cancer, and any other condition that we should know about.
- ♥ Please inform your therapist if you are currently on Roaccutane or have been on Roaccutane or something similar
- ♥ Please advise your therapist if you are pregnant or breastfeeding
- ♥ Please inform your therapist if you have metal pins or plates, a pacemaker or any other medical devices
- ♥ If you have any of the following conditions please advise your therapist
- ♥ Arthritis, asthma, diabetes, epilepsy, heart conditions including low blood pressure, high blood pressure, stroke, thrombosis, growths and malignant tumors, recent surgery, muscle injuries, joint injuries, allergy to iodine or any other product allergies

Gift Vouchers and Gifts

- ♥ Gift Vouchers are available for Spa Packages, Treatments or to a cash value

Late Arrival

- ♥ Late arrival will result in a reduction of the allocated treatment time and you will be charged the full treatment fee

Cancellation Policy

- ♥ Please be advised that we allocate your treatment time to YOU when making an appointment and therefore need 48-hour advance notice for rescheduling and cancellations, If this is not adhered to, you will be charged the full treatment fee

Payment Policy

- ♥ Payment in full is required at least 48 hours prior to your appointment, in order to secure the booking
- ♥ Proof of payment is required to confirm the booking
- ♥ Credit cards, debit cards and EFT electronic fund transfer via Internet are welcome
- ♥ Gratuities are entirely at your discretion based on service excellence. Please pay these in cash only

Please Note

- ♥ African Summer Spa is not responsible for theft, damage, loss or misfortune that may occur in or around the spa.
- ♥ Please note that products purchased at African Summer Spa are not refundable
- ♥ Prices are subject to change without notice.

Also at African Summer Spa

- ♥ **La Baguette Café** 071 628 1617 for Nespresso coffees, light lunches, salads and yummy cakes

Menu to Spa Packages

A Special package just for You and packages for Two

Spa treatments for one.

Spa Relax R880
Full Body Exfoliation
Full Body Massage
90 min

Spa Relax with Hot Stones R990
Full Body Exfoliation
Full Body Massage with Hot Stones
1h35

The Perfect Hour R850
Hot Stone Back, Neck & Scalp
60 minutes followed by Lunch

Soul to Sole R990
Relax the mind with an Indian head massage
Renew the body with a foot ritual massage
Revive the soul with a Hot Stone Back & Neck Massage
90 minutes

Colour me Pretty R1100
Aromatherapy Back, Neck & Shoulder Massage
Classic Manicure
Classic Pedicure with delicious Cappuccino/Juice
3-hour treatment

Perfect Pamper R1580
Aromatherapy Back, Neck & Shoulder Massage 30 min
Express Facial
File & Paint hands
File & Paint feet
2 hours 45 minutes followed by lunch

Me Time R1190
Hydrating facial tailored to your own skin needs
Hot Stone back, neck & shoulder massage
90 minutes

Prenatal

Mom to be relax R530
Blissful back massage
45 minutes

Mom to be with colour R730
Relaxing 30 min back massage followed by a
Rejuvenating Classic pedicure with the colour of your choice
2-hour treatment

Spa treatments for two.

Time Out for 2 with Lunch R1500
Aromatherapy Full Body Massage
60 minutes followed by Lunch

The Perfect Hour R1700
Hot Stone back, neck & scalp
60 minutes followed by Lunch

Soul to Sole R1980
Relax the mind with an Indian head massages
Renew the body with a foot ritual
Revive the soul with a Hot stone back & neck Massage
90 minutes

Let's Catch Up with lunch R2450
Full Body Massage
Indian Head Massage
2 hours 30 minutes followed by Lunch

Me Time R2300
Hydrating facial tailored to your own skin needs followed by
Hot Stone back, neck & shoulder massage
90 minutes

Let's Do Lunch R165pp
We want you to enjoy your lunch, please kindly specify your
allergies when booking your treatment that includes lunch.

♥ Packages for 2 are booked in one treatment room

♥ Gift Vouchers available from the Spa as a great gift idea!

8.4.17

Massage Therapy

Aroma Back, Neck & Shoulder 45min	R550
Aroma Full Body 1-hour	R650
Aroma Full Body 90 minutes	R950
Sports Massage 75min	R850
Hot Stone Back, Neck & Shoulder 45min	R550
Hot Stone Full Body 60min	R700
Hot Stone Full Body 75min	R850
Indian Head Massage 30min	R400
Reflexology with foot scrub 45min	R600
Manual Lymph Drainage massage 60min	R650
Back Cleanse with express massage 60min	R700
Full body Scrub 30 min	R300
Foot scrub & Massage 30 min	R450

Hand Care

Classic Manicure	R350
Classic Delux	R400
Shellac colour/French	R450
File & Paint Classic	R300
File and Paint Shellac	R380
Soak off Hands or Feet	R95

Foot Care

Classic Pedicure	R450
Classic Delux	R500
Shellac colour/French	R500
File & Paint Classic	R300
File and Paint Shellac	R380
Soak off Hands or Feet	R95

Eye Care

Eyebrow Wax	R100
Lash Tint	R100
Brow Tint	R90
Lash and Brow Tint	R250

Waxing

Full Leg Wax	R300
¾ Leg Wax	R260
½ Leg Wax	R240
Hollywood	R350
Brazilian wax	R300
Extended Bikini	R280
Tummy Wax	R95
Under Arm wax	R95
Full Arm wax	R185
½ Arm wax	R130
Facial Wax	R185
Chin Wax	R75
Lip Wax	R65

Male Care

Male Facial 1-hour	R670
Sports Massage 75min	R850
Male Hand Care 45 min	R300
Male Foot Care 45min	R400
Back Wax Cold	R290
Neck hair wax	R110
Chest wax Cold	R270
Full arm wax	R220
Back Cleanse with express massage 60min	R700
Full body Scrub 30min	R300
Foot scrub & Massage 30 min	R450

Facial Care

Dermalogica

Dermalogica Deepcleanse	R670
Dermalogica BioSurface Peel	R800
Age-Smart anti-ageing	R770
Age-Smart with Hydraclat	R800
Medi-Bac Clearing	R770
Ultracalming	R770

Nimue

Nimue Deepcleanse	R670
Nimue Deepcleanse with Hydraclat	R780
Nimue Deepcleanse with BioActive	R690
Nimue TCA / 35% peel (only) 45min	R700
Nimue Deepcleanse with pepita	R780
Pepita Only	R580

Slimming

G5 x 1 treatment	R195
G5 x 10 treatments	R1600
Manual Lymph Drainage massage 60min	R650
Biominceur body wrap – detox, cellulite	R860

Make-Up

Bridal Make-Up with lashes	R750
Bridal Make-Up with lashes (trial & day)	R1200
Day / Evening Make-Up at Spa	R550

Spray Tan from The Tan Lab

Full Body	R530
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SunBed

1 x Session	R60
10 x Sessions	R520

African Summer Spa IPL and Laser Therapy

We treat the following

Hair removal	Acne	Hemangioma : birth marks and red port wine stains
Anti-Ageing and Fine lines	Eczema	Rosacea
Pigmentation	Spider Veins	Telangiectasia :(Broken Capillaries)
Tattoo Removal	Cold Sores	Vascular Lesions
Stretchmarks		Anti-Ageing Neck Treatment

Hair Removal

Female

Lip	R380
Chin	R450
Lip & Chin	R700
Sidies	R450
Tummy	R550
Nipple area	R450
Underarms	R550
Underarm AND Brazilian	R1050
Bikini	R600
Ext. Bikini	R700
Brazilian	R850
Full Arm	R850
Half arm	R650
Full leg	R1200/R1500
Half leg including knee	R850
Upper legs only	R850
Back of upper legs	R600
Toes or fingers	R380

Male

Chest	R750
Stomach	R650
Chest and stomach	R1100
Upper back	R900
Neck front	R700
Back of neck	R550
Full beard and neck	R950
Full back or full front	R1500
Full back and full front	R2500

Stretch marks

Tummy	R550
Breast area	R450
Hips (sides)	R550

Acne Treatments

Full face	R550
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Tattoo Removal

A Consultation is required, depending on the size and detail of the tattoo to establish a price per treatment

Packages on hair removal treatments

Pay for 5 of the same treatments and get the 6th treatment free (Cash only)

The following treatments need a consultation first to establish the treatment required.

Stretch Marks

Pigmentation

Scar Tissue Repair

Tattoo Removal

Anti-Ageing Treatment

These treatments still qualify for the discount.

If you require a treatment that is not on this page please contact us for a price.

Payment Policy for Spa Packages and all Treatment

- ♥ Payment in full required at least 48 hours prior to your appointment, in order to secure the booking
- ♥ Credit and Debit Cards are welcome
- ♥ Gratuities are entirely at your discretion based on service excellence. Please pay these in cash only

* Please like us on our Facebook page